



## Return of High School Athletic Competition

### *What athletes and parents need to know:*

COVID-19 continues to pose a severe risk to communities and requires all people in California to follow recommended precautions. This guidance provides direction on outdoor high school athletics only. Based on current guidance from the California Department of Public Health (CDPH) and California Scholastic Federation (CIF), at this time, indoor athletics and activities are not permitted. **The status of return-to-competition is subject to change at any time given the level of COVID-19 transmission in California.**

### Outdoor Sports – General Requirements

The following requirements **must be adhered to at all times:**

All coaches, athletes and spectators must abide by the Fresno Unified School District [Self Health-Screening Tool](#) prior to leaving home for practice or competition. If coaches, athletes or spectators have any symptoms they should remain home and not report to school, or the practice/competition field.

Below are the COVID-19 Self Screening Steps that Coaches and Athletic Trainers are taking to ensure that all students are safe. Please ensure that all athletes are using the self-screening tool daily before coming to practice.

- Site is tracking the students' coming onto campus for practice, by team.
- Athlete is verbally asked the 3 screening questions, **or** Athlete confirms they did the self-screening at home.
- Your child's school site is keeping record of those athletes who are coming onto campus.
- Face coverings are worn by participants during activity, but are not required during heavy exertion.
- Face coverings to be worn during non-activity and physical distancing honored when masks are not worn (e.g., on the sidelines, dugout, pool deck, bench, coming/leaving).
- Face coverings to be worn by coaches, support staff and **observers** at all times and in compliance with the CDPH Guidance for the Use of Face Coverings.
- No sharing of drink bottles and other personal items and equipment.
- Mixing with other households prior to and post any practice or competition must strictly adhere to current gathering guidance. Associated indoor activities for the team (e.g., dinners, film study) are prohibited.
- Teams must not participate in out-of-state games and tournaments; several multistate outbreaks have been reported around the nation, including California residents.
- Weekly COVID testing is required for football and water polo athletes and coaches while Fresno County adjusted case rate remains between 14-7 cases per 100K. Other sports are not required.
- Participation by athletes and coaches during practice and competition is limited to one team over the same season or time period- current sport season must be over before student athlete can play/practice in a second school sports.

### Observers

Observation of youth sports (age 18 years and under) is limited to immediate household members only.

Video streaming of games may be available to watch "live" from home.

Please maintain physical distancing. Observers shall be at least 6 feet from non-household members.

### Competition:

Teams are limited to only play teams in Fresno County. Playing teams from outside counties requires special permission and agreement from both county's departments of public health.

Travel outside of the state is prohibited.

Only one competition, per team, per day maximum to be played.

### Transportation

Bus transportation will be provided for teams. Due to physical distancing requirements, bus capacities will be reduced.

Masks are required on buses.

Parents who are interested in driving their own student athlete or giving permission for their student to drive themselves, in accordance with California state law should complete the proper district permissions. Please connect with your student athlete's coach for the appropriate documentation.